

Welcome to Maine's Accessible Outdoors!

Maine is a place everyone can enjoy. The Bureau of Parks and Lands welcomes all visitors to Maine's natural and cultural wonders. The Bureau is committed to making our state parks, historic sites and other public facilities accessible to people with disabilities and people with special needs.

Each state park or historic site in Maine is unique. Many park features are accessible to visitors with varying needs and abilities. In some parks, however, visitors may need the assistance of a member of their party to access certain features. Other parks have natural elements, such as steep trails or rocky beaches, that may be difficult for some people



to use. In addition, weather and other conditions at parks and historic sites change often. The Bureau of Parks and Lands encourages visitors to contact parks and historic sites directly to discuss their individual needs and abilities with experienced staff.

Access Features

Maine's state parks and historic sites offer a number of accommodations for people with disabilities and people with special needs. Among the access features are:

- Reserved parking spaces
- Wheelchair ramps
- Beach wheelchairs
- Hardened surfaces on trails and walkways
- Accessible restrooms
- Roll-in showers
- Benches in showers and changing rooms
- TTY
- Easy-to-reach campsites

The Bureau of Parks and Lands is continuously improving state parks and historic sites to provide better access for everyone. Contact parks and historic sites directly to find out more about the access features at specific locations.

Service animals are welcome at state parks and historic sites in Maine.

A Guide to Accessibility

The Maine Bureau of Parks and Lands provides general guidance for people with disabilities and

people with special needs on the ease of access to state parks, historic sites, and other facilities.

Each park or historic site is rated for overall ease of access. Ratings are:



Good access: Most features of the area are accessible

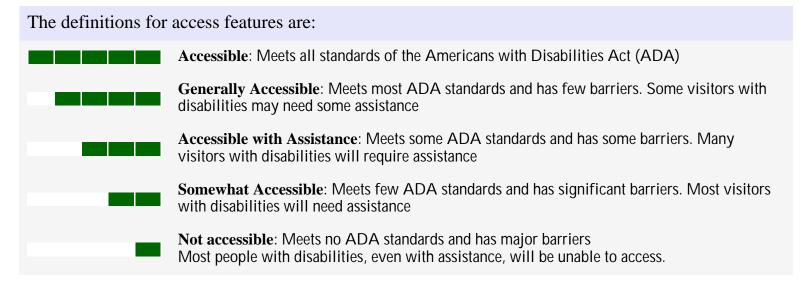


Limited access: Some features are accessible; other features may require assistance



No access: No features are accessible

In addition, the Bureau offers guidelines on the accessibility of specific features and amenities at parks and historic sites, such as parking, rest rooms, campsites, and beaches. These guidelines are designed primarily for people with mobility impairments.



Access at State Parks and Historic Sites

TTY: For general information about all of the following areas: (207)287-2213

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State Parks		
Aroostook State Park		***
Additional Information		Good access
Day Use		
Parking:	Accessible	
Restrooms:	Accessible	
Telephones:	Generally Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Accessible (access to beach is via boat laun	ch
	parking lot)	
Boat launch:	Somewhat Accessible	
Overnight Use		
Check in:	Accessible	
Campsites:	Accessible with Assistance (one site totally	
Campsites.	accessible with pathway to toilet building)	
Restrooms:	Accessible (including accessible showers)	
Kitchen Shelter:	Accessible	

Bradbury Mountain State Park

Additional Information

Limited access

Day Use

Accessible Parking: Accessible Restrooms: Picnic tables: Accessible

Main feature - Trails around Mountain: Not Accessible (trails are steep and uneven)

Overnight Use

Check in: Accessible

Campsites: Several are Accessible

Restrooms: Accessible



Limited access

Camden Hills State Park

Additional Information

Day Use Parking: Accessible

Restrooms: Accessible Picnic tables:

Not Accessible (steep slopes)

Not Accessible (but, without leaving a vehicle, Main feature - Trails around

excellent views of the harbor and coast can be Mountains and along Shore:

enjoyed from the top of Mt. Battie)

Overnight Use

Check in: Accessible

Accessible with Assistance (Lower campground Campsites:

recommended)

Accessible **Showers:**

Accessible Telephones:



Limited access

Cobscook Bay State Park

Additional Information

Day Use

Accessible (restroom is in the shower Restrooms:

building)

Picnic tables: Accessible

Main feature - Bay Views: Views are possible from vehicles

Boat launch: Not Accessible

Overnight Use

Check in: Accessible **NEW!**

Accessible with Assistance Campsites:

Showers: Accessible



Good access

Additional Information

Crescent Beach State Park

Day Use

Parking: Accessible Restrooms: Accessible

Accessible (located at snack bar) Telephones:

Picnic tables: Accessible



Crescent Beach accessible and a beach Main feature - Beach:

wheelchair is available

Showers: Somewhat



Damariscotta Lake State Park

Additional Information

✩✩ Limited access

Day Use

Parking: Generally Accessible

Restrooms: Accessible

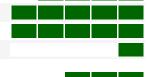
Accessible (2 picnic sites) Picnic tables:

Picnic shelter: Not Accessible

Accessible with Assistance (assistance Main feature - Beach:

recommended for access to water)

Somewhat Accessible Boat launch:



Ferry Beach State Park

Additional Information

Limited access

Day Use

Parking: Generally Accessible Restrooms: Generally Accessible

Picnic tables: Generally Accessible

Generally Accessible (beach is accessible with Main feature - Beach:

assistance)



Grafton Notch State Park

Additional Information



Limited access

Day Use

Parking: Accessible (at Screw Auger Falls) Accessible (at Screw Auger Falls) **Restrooms:**

Picnic tables: Accessible

Accessible with Assistance (many sloped

Main feature - Screw Auger Falls:

paths)



Holbrook Island Sanctuary State Park

Additional Information



Limited access

Day Use

Parking: Somewhat Accessible

Restrooms: Not Accessible

Somewhat Accessible (on mainland) Picnic tables:

Somewhat Accessible (access to beaches on

mainland and island requires assistance; boat

required to island; dock to island not

accessible.)



Lake St. George State Park

Main feature - Trails, Beaches:

Additional Information

Limited access

Day Use

Accessible Parking: **Restrooms:** Accessible Accessible with Assistance Telephones: Picnic tables: Accessible Main feature - Beach: Somewhat Accessible (stairs to water) Overnight Use Accessible Check in: Somewhat Accessible Campsites: Restrooms: Somewhat Accessible

Not Accessible

Lamoine State Park

Additional Information

Limited access

Inprovements to be made in 2002: will include new accessible campsite & playground

Day Use

Showers:

Parking: Accessible with Assistance

Restrooms: Not Accessible

Accessible with Assistance (phone is available at

Telephones: entrance booth and will be accessible after

improvements are made to the booth in 2002)

Picnic tables: Accessible with Assistance

Main feature - Beach:

Accessible (access to beach is via boat launch

parking lot)

Somewhat Accessible (beach and boat launch are

Boat launch: not accessible; picnic sites are flat, but not to

ADA standards yet)

Overnight Use

Check in: Accessible with Assistance (accessible by driving

up to booth; improvements are planned for 2002)

Accessible with Assistance (one site is accessible,

Campsites: but the path to the toilet/shower building is

uneven)

Restrooms: Accessible (with accessible showers)

Lily Bay State Park

Additional Information

☆☆ Limited access

Note: More improvement is underway for 2002

Day Use

Check in: Accessible Parking: Accessible Restrooms: Accessible Telephones: Accessible

Picnic tables: Accessible (located at main entry)

Main feature - Dunn Point Beach: Somewhat Accessible

Boat launch: Not Accessible

Overnight Use

Accessible with Assistance (Rowell cove

Campsites: fully accessible with accessible pathway to

accessible vault privy)



Maine Parks and Lands: Access for the Disabled Accessible with Assistance Restrooms: **Moose Point State Park** Additional Information Limited access Day Use Parking: Accessible Restrooms: Accessible Accessible (one table is fully accessible) Picnic tables: Somewhat Accessible (Beach is not accessible. Main feature - Beach and Picnic pathway to overlook and interpretive area Area: accessible) Mt. Blue State Park Additional Information Limited access Day Use Accessible with Assistance Parking: Restrooms: Accessible Telephones: Accessible (located at main park) Picnic tables: Generally Accessible Except for Trails, Accessible with Assistance - Center Hill has limited access, but has an accessible restroom and good views from the Main feature - Center Hill, Webb parking area; Webb Beach has an accessible Beach, and Hiking Trails: restroom and picnic shelter and paths have been smoothed, but access to the water is limited; Hiking trails are not accessible Overnight Use Check in: Generally Accessible Campsites: Accessible (several campsites are accessible) Accessible (including accessible showers) **Restrooms: Peacock Beach State Park** Additional Information Limited access

Day Use		
Parking:	Accessible with Assistance	
Restrooms:	Generally Accessible	
Telephones:	Generally Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Not Accessible	

Peaks-Kenny State Park

Additional Information



Day Use		
Dorleina	Congrelly Aggagible	

Parking:	Generally Accessible
Restrooms:	Accessible with Assistance
Picnic tables:	Accessible with Assistance

Accessible with Assistance (best access at east Main feature - Beach:

picnic area)



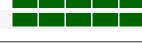
Maine Parks and Lands: Access for the Disabled		
Overnight Use		
Check in:	Accessible (parking at booth accessible, restroom at booth fully accessible)	
Campsites:	Accessible with Assistance (west camp area offers best access)	
Restrooms:	Generally Accessible	
Showers:	Somewhat Accessible	
Popham Beach State Park Additional Information		☆☆☆ Good access
Day Use		Good access
Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - West Beach:	Generally Accessible (a beach wheelchair is available on a first come, first served basis); Center Beach Group Area: Picnic tables are	
	accessible but access to water is limited	
Quoddy Head State Park Additional Information		☆☆ Limited access
Day Use		Elimited decess
Parking:	Accessible (at lighthouse)	
Restrooms:	Not Accessible	
Picnic tables:	Somewhat Accessible	
Tome tactes.	Somewhat Accessible (Steep gravel and rocky	
Main feature - Trails:	slopes; beach is not accessible; lighthouse visitors center - accessible)	
Range Ponds State Park Additional Information		☆☆☆ Good access
Day Use		
Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Accessible, including ramped access to the water	
Rangeley Lake State Park Additional Information		☆☆ Limited access
Day Use		
Parking:	Accessible with Assistance	
Restrooms:	Accessible	
Telephones:	Somewhat Accessible	
Picnic tables:	Accessible with Assistance	
Main feature - Beach:	Somewhat Accessible (Access to water requires assistance)	
Boat launch:	Not Accessible	

Overnight Use

Check in: Generally Accessible

Campsites: Accessible

Restrooms: Accessible (including showers)



Limited access

Reid State Park

Additional Information

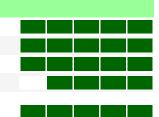
Day Use

Parking: Accessible Restrooms: Accessible Telephones: Accessible

Picnic tables: Generally Accessible

Main feature - Beaches: Griffith Head and Todd Point are generally

accessible except for full access to the water



Roque Bluffs State Park

Additional Information

Day Use Parking:

Parking: Accessible Restrooms: Accessible

Picnic tables: Accessible

Accessible deck overlooks Englishman's Bay but

Main feature - Beach: direct to beach is down some steps; paved path

from parking area to deck



Sebago Lake State Park

Additional Information

☆☆ Limited acce

Limite	ed ac	cess

Parking: Accessible with Assistance

Somewhat Accessible (Not Accessible at boat

Restrooms: launch and Songo Lock; Accessible at

amphitheater; showers Not Accessible)

Telephones: Generally Accessible (Best access at beaches)

Picnic tables: Accessible with Assistance
Main feature - Beach: Accessible with Assistance

Boat launch: Not Accessible

Overnight Use

Day Use

Check in: Generally Accessible

Campsites: Accessible Restrooms: Accessible Kitchen Shelter: Accessible

Accessible with Assistance (Access to water at

Main features - Beaches: Witch Cove and Naples Beach requires

assistance)



Additional Information





Maine Parks and Lands: Access for the Disabled Somewhat Accessible Parking: **Restrooms:** Somewhat Accessible Not Accessible (Wood trails to overlook; steep Main feature - Trails: paths) **Swan Lake State Park** Additional Information Limited access Day Use Parking: Accessible with Assistance Restrooms: Generally Accessible Picnic tables: Accessible Generally Accessible (Easy access to beach, Main feature - Beach: but water entry requires assistance. Access to group picnic shelter requires assistance) Two Lights State Park Additional Information Limited access Day Use Parking: Accessible with Assistance Somewhat Accessible (Steps to rest room **Restrooms:** building) Accessible with Assistance Picnic tables: Accessible with Assistance (Beach is not Main feature - Shorefront and Beach: accessible; access to group picnic area requires vehicle) Vaughan Woods Memorial State Park **Additional Information** Limited access Day Use Parking: Generally Accessible Somewhat Accessible Restrooms: Telephones: Generally Accessible Generally Accessible Picnic tables: Not Accessible (Steeps trails through woods Main feature - Trails: to river) Warren Island State Park Additional Information No access Day Use Somewhat Accessible Restrooms: Picnic tables: Somewhat Accessible Island and Beach: Off-shore island - Not

Accessible (Boat access to island required;

beach Not Accessible)

Not Accessible

Not Accessible

Main feature - Island and Beach:

Overnight Use Campsites:

Restrooms:

Wolfe's Neck State Park

Additional Information



Day Use

Parking: Accessible Accessible Restrooms: Picnic tables: Accessible

Main feature - Trails and Shorefront: Accessible loop to shore

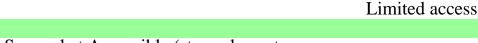
Shelter Accessible



State Historic Sites

Colonial Pemaquid State Historic Site

Additional Information



Somewhat Accessible (steep slopes to museum and historic foundations; not accessible at boat Parking:

launch)

Accessible at museum and Fort House **Restrooms:**

Accessible with Assistance (at restaurant) Telephones:

Museum and Fort House are accessible; some steep slopes around foundations make this area accessible with assistance; Fort William Henry

tower is somewhat accessible with an interior

ramp at first level; restaurant is accessible



Day Use

Main feature - Museum, Historic foundations, Fort William Henry, Fort House, and Restaurant:

Eagle Island State Historic Site

Additional Information

Day Use Not accessible (gangway to pier has not steps, Gangway and pier:

but is very steep at low tide

Accessible Restroom:

Main feature - Historic house and Not Accessible (historic house has a steep

Trails: ramp)

Fort Edgecomb State Historic Site

Additional Information

Day Use

Parking: Generally Accessible

Restrooms: Accessible

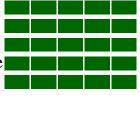
Picnic Tables: Generally Accessible

Main feature - Blockhouse and Not Accessible (rough steps and steep paths) Earthworks:

Fort Halifax State Historic Site

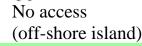
Additional Information







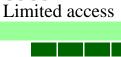




















Day Use

Parking:

Center:

Parking Accessible with Assistance

Somewhat Accessible (steps into blockhouse,

access requires assistance)

Fort Kent State Historic Site

Additional Information

Main feature - Blockhouse:

Day Use

Generally Accessible

Accessible with Assistance (located at Restrooms:

information center/gift shop) Picnic tables: Accessible with Assistance

Somewhat Accessible (steps into blockhouse,

Main feature - Blockhouse: access requires assistance)

Fort Knox State Historic Site

Additional Information

Day Use Parking: Accessible

Restrooms: Accessible Picnic tables: Somewhat Accessible

Entrance to main fort structure is up a steep ramp; main fort building and grounds have Main feature - Fort and Visitors

steep slopes and steps throughout; visitors

center is accessible)

Fort McClary State Historic Site

Additional Information

Dav Use Parking: Generally Accessible

Accessible **Restrooms:**

Picnic tables: Generally Accessible

Not Accessible (blockhouse entrance is up

Main feature - Blockhouse and Fort many steps; fort grounds have multiple levels

and steep paths, but some areas can be fairly Grounds::

easily reached from the parking lot)

Fort O'Brien State Historic Site

Additional Information

Day Use Parking: Somewhat Accessible

Main feature - Fort Grounds: Somewhat Accessible

Fort Point State Park

Additional Information

Day Use Somewhat Accessible Parking:



Limited access

Limited access



Limited access

















Somewhat Accessible **Restrooms:** Somewhat Accessible Picnic tables:

Main feature - Beach, Lighthouse Grounds, Site of Fort

Pownall:

Somewhat Accessible

Fort Popham State Historic Site

Additional Information

Day Use Parking: Accessible Not Accessible

Restrooms: Accessible with Assistance Picnic tables:

Accessible on ground level; second level of Main feature - Fort and Grounds:

fort not accessible

Katahdin Iron Works State Historic Site

Additional Information

Day Use Parking: Somewhat Accessible

Somewhat Accessible (paths around site are Main feature - Kiln and Furnace:

uneven)



